



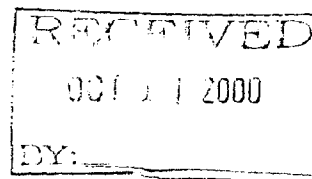
Novartis Consumer Health, Inc.
560 Morris Avenue
Summit, NJ 07901-1312

Main Number: 908-598-7600
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October 4, 2000

Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, S.W. (HFS-450)
Washington, D.C. 20204



Re: Section 403(r)(6) Notification

Dear Sir or Madam,

In accordance with the requirement of Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act, Novartis Consumer Health, Inc. notifies the Food and Drug Administration that it has, within the past thirty (30) days, begun using the following phrase and statement:

Stamina and Muscle Recovery – Helps Muscles Recover Faster and Improves Stamina

For Whom? People wanting to speed muscle recovery and improve stamina.

To Do What? Helps muscles recover faster from physical exertion and improves stamina so you can work out harder and longer.

Flammulina velutipes: Improves lactic acid clearance for faster recovery of muscle strength and improves stamina.

Siberian ginseng extract: Improves overall energy levels to help you work out longer.

Panax ginseng extract: Helps improve stamina needed for vigorous exercise or physical exertion.

on the following product:

Resource® Wellness 2nd Wind

The statements of nutritional support are based on scientific literature which render the statements substantiated, truthful and non-misleading. The information submitted herein is a complete and accurate representation of the product named.

Sincerely,

Novartis Consumer Health, Inc.

Vincent De Stefano
Associate Director, Regulatory Affairs

975-0162

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Ket 6067